

Study Title

A Tri-National (Canada, UK, USA) Randomised Controlled Trial To Determine
The Optimal Management Of Patients With HIV Infection For Whom First And Second-Line Highly
Active Antiretroviral Therapy Has Failed. TNT-1: OPTIMA

Status

Enrolment complete

Primary Investigator at TGH

Dr. Sharon Walmsley

Sponsor

Canadian HIV Trials Network (CTN)

Brief Description of the Study

The purpose of this trial is to compare the effect of different management strategies on both clinical outcomes, virologic and immunologic response, and other healthcare outcomes during an 3.5 years follow up of patients with advanced HIV disease, in whom conventional anti-retroviral therapeutic regimens, including all three available classes of anti- HIV drugs have failed. This trial will help delineate the most effective therapeutic strategy in management of such patients.

Study Arms

Management trial comparing different strategies for salvage therapy.

- 1) drug free period (intended 3 months) followed by *standard*-ART (3-4 drugs), **OR**
- 2) drug free period followed by *mega*-ART (5 and more drugs), **OR**
- 3) no drug free period and use of *standard*-ART, **OR**
- 4) no drug free period and use of *mega*-ART

Contact

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