



WHERE THINGS MAY GO WRONG

M E D I C A T I O N A D H E R E N C E S U P P O R T T O O L K I T

What you're going to do when

Plan

You accidentally sleep through your dose

You're too tired to stay up to take your dose

You're staying over at a friend's house

You're going away for vacation

You're going out to meet friends during a dosing time

You're running late and can't make it home to take your medications

You're constantly missing your medications

You're very worried about the side effects you're having

You're finding the medication too complicated to take

You're too depressed to take your medications

Your medications don't "fit in" with your lifestyle

Others: